

Gajgamiini: The graceful gait of an elephant. Strong, sure-footed and alert, the positive characteristics of this majestic animal are also qualities found in The Mehta Group.

JUHIBEN HONOURED WITH TWO PRESTIGIOUS AWARDS for her contribution towards social causes



Our board member Ms Juhi Chawla, whom we lovingly call Juhiben has been the recipient of two prestigious awards in the last few months. These awards are a recognition for her contribution and engagement in creating Social Awareness on Health Hazards due to EMF Radiation from Mobile Towers and Phones. The first of these was the Priyadarshini Award by the Priyadarshini Academy at their 32nd Priyadarshini Global Awards function held in Mumbai on 19th September 2016. Juhiben was felicitated for her outstanding role in promoting social causes with an NGO which has completed 32 years of existence. The award was presented in the presence of Union Ministers Mr Nitin Gadkari, Mr Suresh Prabhu and Mr Piyush Goyal, real estate tycoon and Chairman of

Priyadarshini Academy Mr Niranjan Hiranandani and Academy Chairman-Emeritus of the Academy, Mr Nanik Rupani. Priyadarshini Academy is a socio-cultural and educational organisation and these awards recognise personalities and organisations for their contribution in their respective fields. Other awardees were dignified personalities from Israel, Switzerland and UK.

The second honour, the Usha Vaibhav Award was given to Juhiben on the occasion of the 81st birthday of the veteran singer, Usha Mangeshkar for which a felicitation ceremony was held at Raj Bhawan by the Governor of Maharashtra, Honorary C Vidyasagar Rao. The award was bestowed in the presence of the State Legislature Council Shri Ram Raje Nimbalkar, Smt. Meena Khadilkar, Smt. Reema Lagoo and other celebrities.



ENVIRONMENT AWARDS FOR SCL & GSCL

GREENTECH AWARDS

SCL & GSCL recently bagged the Greentech Environment Awards 2017 in the Gold Category. The awards were given for their outstanding contribution in the field of environmental management system, pollution prevention, greenbelt development measures, recycling and consumption of AFR, biodiversity conservation, rain water harvesting, water conservation, energy conservation and CSR.



Anil Kumar, DGM-Environment and Narendra Singh, Director-Works accepting the Greentech Environment Award 2017 on behalf of SCL



Dinesh G Randad, President-Works and GS Bhola receiving the Greentech Environment Award on behalf of GSCL

FAME RASHTRA VIBHUSHAN AWARDS

The Foundation for Accelerated Mass Empowerment had organised awards for industries for their contribution in the field of Environment protection, CSR, Safety and Health. SCL & GSCL successfully bagged the Rashtra Vibhushan Award 2016-17 in Platinum Category for the second consecutive time. The awards had attracted close to 250 nominations across the countries in various categories.



SP Singh, Sr. Officer-Environment and Abhas Mishra, GM-Mechanical receiving the Fame Rashtra Vibhushan Award 2016-2017 on behalf of SCL



Prakash Dhakate, Vice President-Technical receiving the Fame Rashtra Vibhushan Award and Certificate of Excellence from Oscar Fernandes- Eminent Congress leader and Vijendra Pal Sharma, ACP of New Delhi, on behalf of GSCL



EXCEED AWARD-2017 (EK KAAM DESH KE NAAM)

GSCL bagged the Exceed Award 2017 in Platinum category for its outstanding efforts for preservation of environment and pollution control. The event was organised by New Delhi-based NGO "Ek Kaam Desh Ke Naam" and the award ceremony was held on 17th March at India Habitat Centre, New Delhi.

L Behera, VP-Commercial & GS Bhola, Dy. Manager-Environment & Horticulture receiving Exceed Award 2017 on behalf of GSCL

NATIONAL SAFETY WEEK

The 46th National Safety Week was celebrated from 4th March to 10th March, 2017 at Ranavav, Sidheegram & Ahmedabad. The events were aimed to improve the safety culture among the employees, contractual workers, family members and school children. Competitions for slogan writing, poster making, essay writing, rangoli and drawing on the subject were conducted as part of the events.



Narendra Singh, Director (Works) holding the Suraksha Mashaal along with the Packing Team and Union Leaders at **Ranavav**.



Randhir Singh, Director-Marketing & Sales, felicitating the winners of the quiz competition held during the Safety Week at **Ahmedabad**.



METALLIFEROUS MINES SAFETY WEEK

The 7th Metalliferous Mines Safety Week 2016-17 was organized under aegis of the Director-Mines, Safety, DGMS, Ahmedabad Region and Sidhee Limestone Mines also participated with full enthusiasm to create and improve safety awareness in mining operations. Sidhee Limestone Mines was inspected on 20th January by the inspection team members and was awarded 3rd Prize in Health, Welfare & Medical Check-up (A Category Mines) on the concluding day Award Ceremony held at Sanghi Cement, Kutch on 5th February.

Dinesh Randad giving away the prize to the winner during the Metalliferous Mines Safety Week 2016-17

ENDANGERED AND ENDEMIC SPECIES GARDEN INAUGURATED ON THE OCCASION OF THE 24TH MINES ENVIRONMENT AND MINERAL CONSERVATION WEEK 2016

The Adityana Limestone & Marl Mines celebrated the 24th Mines Environment & Mineral Conservation Week 2016 under the aegis of IBM, Gandhinagar Region on 24th March 2017 with a motto to promote and endure environment protection & conservation of minerals, amongst the stakeholders.

On this occasion, Narendra Singh inaugurated the Endangered & Endemic Species Garden developed near the crusher area where approximately 500 species have been planted in consultation with the Faculty of Botany, MS University, Baroda. The motto of the same is to preserve and nurture the species particularly found in Barda Hill Region.



Narendra Singh inaugurating the Endangered & Endemic Species Garden

GUSTOSO – THEY CAME, THEY SAW, THEY CONQUERED

This year has started on a glorious note for our beloved Gustoso. Having tickled the taste buds of the gastronomes in Mumbai, it made headlines again. Both its outlets were nominated for the prestigious Times Food & Nightlife Awards 2017 in the Best Italian Casual Dining category. The Khar outlet managed to impress not just the critics and gourmards from hospitality but also the veterans and foodies of the Mumbai suburbs. This Food Oscar was hosted by ITC Maratha on 3rd March 2017.

Amruta Deshmukh (Marketing Manager), Anand Kudalkar (Restaurant Chef), Arja Shridhar (Director) and Varun Arora (Sr. Operations Manager) with the prestigious award



Prakash Kunte congratulates Joy Mammen for winning the prize



Prakash Kunte giving away the prizes to Manoj Wadhwani and Divyesh Joshi from the Corporate Office

TRAINING ON CREATIVE PROBLEM SOLVING

A one day workshop on 'Creative Problem Solving' was conducted by Prakash Kunte, Director - HR in the Corporate Office, Mumbai and Sales & Marketing office at Ahmedabad in the month of February 2017 for employees across different levels. The workshop aimed at understanding the process of problem-solving and exploring linkages between creativity, problem-solving and decision making. At the end of the workshop was a competition, the winners of which were Manoj Wadhwani, Divyesh Joshi and Joy Mammen from the corporate office and Arpana Shah, Sanjay Thakur, Viral Shah, Ankit Raithatha, Shiv Kumar Vyas & Jaimeen Jain from the Ahmedabad office.

MONARCH PLASTICS LIMITED (MPL), CANADA WOMEN POWER!

Joginder Rai organized a party to celebrate the birth of her grandchild. This is a first for Monarch Plastics Limited in Canada. This group of ladies have worked together at MPL for at least 20 years and have managed to maintain their friendship through happy and sometimes sad times in both work and family events.

As a group, they have prepared many tasty and filling lunches from their homes, which they have brought to work for all members of the Monarch team to enjoy. Over the years, they have repeatedly shown all of us the meaning of true friendship. Joginder is the lady in the front row with a blue sari. She is to the extreme left with her arm on the shoulders of Yogini.



EXCELLENCE AWARDS

On 11th January 2017 our Managing Director MS Gilotra inaugurated the Excellence Award function along with Market Organisers (MOs) of Greater Gujarat during the Kite flying festival. Patangotsav is organized by Hathi Sidhee every year for the Greater Gujarat dealers where family members of Channel Partners enjoy a fun fulfilled evening with various recreational activities like kite flying, dance & singing performances, various games, competitions, etc.



M S Gilotra, Managing Director, felicitating the winners of Patangotsav during the Excellence Awards ceremony.



A sensational Indo-western dance performance at Excellence Function Awards



Kite Fastening Competition among the ladies

PATANGOTSAV CARNIVAL

During the Patangotsav Carnival, top performers were felicitated and given titles such as Saurashtra Ratna, Saurashtra Utkarsh, Saurashtra Gaurav and Saurashtra Sinh.

Winners of following categories were also felicitated:

1. Rang De Dukan-Shop Display Contest
2. Chhote Sitare

Channel Partners were invited along with their families for a day to enjoy the festivity of Uttarayan through various activities like kite flying competition, arm wrestling, Chhote Sitare singing and dancing competitions, etc



A traditional welcome for Channel Partners and their families



Competition is fierce - Arm wrestling between Channel Partners

HATHI-SIDHEE PREMIER LEAGUE-2016 (HSPL) CRICKET TOURNAMENT HELD AT AHMEDABAD

HSPL 2016 was organized on 7th February at Ahmedabad. Qualifying round was played in each region. Four teams qualified for the semi finals. Semi finals and Finals were played at Ahmedabad.

Ahmedabad Attackers and Rajkot Rockets qualified for the final clash. Rajkot Rockets (Runners up 2015) emerged as champions.



Randhir Singh giving away the prize to Rajkot Rockets



Dealers of Team Rajkot Rockets celebrating their victory over Ahmedabad Attackers

ENGINEERS' MEET

Hathi Sidhee Cement participated in the reunion meet of BVM Vallabh Vidyanagar Engineering College at Anand on the 7th and 8th of January 2017. With an aim to enhance their relationship with the influencer segment, Hathi Sidhee Cement took the initiative to present the company in a platform where young engineers and industry veterans gathered for sharing their knowledge.



Hathi Sidhee Cement at the Engineering College reunion meet at Anand



Technical Head Harendra Sahrawat floored the audience with his presentation at the BVM Vallabh Vidyanagar Engineering College meet.



INFLUENCER MEETS

Influencer Meets are organised on a regular basis and this time it was held at Usha Trading, Jivraj Park, Ahmedabad. The aim of the event was to understand the needs of the Contractors and Masons and update them about new technologies and best practices in construction.

Contractors & Masons at the Influencer Meet at Usha Trading, Ahmedabad

HAPPY BIRTHDAY

Mehta Group Chairman, Mr MN Mehta's birthday was celebrated on 20th March 2017 with much enthusiasm at our SCoul, Lugazi office.



Anil Shah, Chief Executive, SCoul, Lugazi wishing Mr MN Mehta, Chairman on his birthday.



L-R: Mr MN Mehta, Anil Shah, MD Hegde, NJ Paul, Col (Retd.) Bhushan Mehta & Senthil Kumar

GOLF NATIONAL TEAM, UGANDA - SENIOR AND JUNIOR HAS SELECTED boys and girls from the Mehta Secondary School (MSS). Their team is coached by the famous Ronald Bukunya.



L to R – Baco Louis (MSS), Ambovi Nixon (Ex-MSS), Basaline Joel (MSS), Napewo Joan (MSS), Edwin Okwong (MSS) and Ronald Bukunya

UGANDA CRICKET ASSOCIATION HAS BEEN SELECTED BY THE INTERNATIONAL CRICKET COUNCIL (ICC) for the ICC Development Awards for Spirit of Cricket Award based on the Mehta World Heart Day that was held last year involving the schools in Lugazi with generous support from The Mehta Group and the Lugazi community using the sport of Cricket.

**WORLD HEALTH DAY AT LUGAZI, UGANDA**

The Mehta Group, Uganda celebrated the World Health day with a health camp organised by Dr S Mishra followed by a Lung test for factory workers and Walkathon for school children and the employees of the Group. About 120 employees/workers got their lungs tested during the event and about 500 employees/ workers were tested for sugar, blood pressure and BMI. Anil Shah flagged off the event in the presence of Bhushan Mehta and MD Hegde. A talk on "Depression: Let's talk" concluded the celebrations.

Anil Shah and Hemnabh Khatau amidst the children on World Health Day

CREATIVE WRITERS

A 'Writing Skills Recognition' event was held for the Corporate staff to write creatively on the events organised by the Employees Club. The winners were Manoj Wadhvani and Manisha Naidu. Their write-ups are appended herein.

WRITE-UP BY MANOJ WADHWANI:

"Masterchef 2017, a competition for testing culinary skills of the employees of The Mehta Group was held on 14th March, 2017.

Participants put in their art & heart on the plate for preparing the most delicious cuisines, which was judged by a panel of esteemed Judges, MS Gilotra, Prakash Kunte and Arja Shridhar. Employees enthusiastically indulged in cooking at their homes, the most mouth-watering dishes for the competition, which were artistically displayed on the table in the office.

Points were given on the basis of Plate Presentation Creativity, Uniqueness & Taste. The event lasted for over 3 hours, since the Judges found it very difficult to choose the four best dishes from a total of 23 dishes. Towards the end it was a photo finish.

The winners were:

1st Prize: Ravi Suvarna for Cadbury Rasgulla Custard Delight

2nd Prize: Sonali Sanas for Gulab Kheer

3rd Prize: Shilpa Tari for Bouquet of Cupcakes

4th Prize: Natubhai Dhoyda for Churma Ladoo.



WRITE-UP BY MANISHA NAIDU :

The Mehta Group Employees Club Organized Overnight Picnic at "PAVNA HUTS" on 11th & 12th February, 2017

Picnic brings about excitement, exhilaration and breaks the monotony of daily routine work in our lives..!!

First time, The Mehta Group Employee Club organized an overnight picnic at "Pavna Huts", a agro tourism place at Bedse Gaon, Maharashtra. What a wonderful place, away from our busy & hectic city life, where we got to relax in the lush green surrounding, thus relieving our stress.

Hospitality was awesome, simple tasty delicious food was served, exciting games were organized by our committee members. We also enjoyed various activities, including swimming, boating, kayaking, even the kids enjoyed in Trampoline, Burma bridge, and of course how we can forget the mud games, which was a superb attraction and fun for all of us. We played tug of war in the mud which made all of us burst into laughter. Later on a splendid evening we had, followed by DJ, Bonfire & Cocktail Party which was the cherry on the cake. We were all on the dance floor till the late hours at night. It was an unforgettable experience. So a wonderful picnic, with wonderful people at a wonderful place, where we all thoroughly enjoyed, and the memories of which, we will all cherish from the bottom of our hearts..!!



Left pic : Manoj Wadhvani receiving the prize from Prakash Kunte

Right pic : Manisha Naidu receiving prize from Prakash Kunte

PICNIC TO PAVNA HUTS



MS Gilotra, Managing Director dancing to the tunes of the children



Snapshots of children having fun on the Trampoline

MASTERCHEF 2017

The corporate office organised a cooking competition inviting employees and their families to showcase their culinary skills. The entries were judged on techniques in preparation, taste and presentation.



Ravi Suvarna receiving the prize for the yummy Cadbury Rasgulla Custard Delight



Delectable Bouquet of Cupcakes by Shilpa Tari



Sonali Sanas receiving the prize for her Gulab Kheer recipe.



Natubhai Dhoyda's Churma Ladoo



Mehta Group's Masterchefs 2017

SIDHEE PREMIERE LEAGUE

In line with the objective of team building & motivation, Sidhee Premiere League was organized at GSCL, Sidheegram. Six teams were formed on auction basis, and the matches were played on league. Team Sidhee Super Giants emerged as winners while Sidhee Lions took home the runners-up trophy.



Sidhee Super Giants took the trophy at GSCL

CRICKET TOURNAMENT IN SCL

SCL organized fourth season of Saurashtra Cricket Premier League with participation from 8 teams. Amongst them, "Rathore's Thunderstorms" won the SCPL-2017 tournament and grabbed the winning Trophy while "Singh's Tsunamis" got the first runner-up trophy.



Rathore's Thunderstorms winning the trophy at SCL

HOLI CELEBRATIONS AT GSCL AND SCL



*Holi - Dhuleti at **GSCL, Sidheegram***



*Holi celebration at **SCL, Ranavav***

KITE FESTIVAL

The auspicious Kite Festival was celebrated with much enthusiasm at SCL & GSCL on 14th January 2017.



*Ladies showcasing their kite flying skills at **SCL, Ranavav***



*Inauguration of Kite festival by Dinesh Randad, President-Works at **GSCL, Sidheegram***

ANNUAL DAY CELEBRATION AT GSCL

NKDAV Public school celebrated their Annual Day with some excellent dance, drama and singing performances by the children. The event was graced by Dinesh G. Randad, President of the Company & Chairman of LMC along with Senior Executives of LMC Committee, employees, their families and the people around the villages.



PICNIC AT GSCL, SIDHEEGRAM

Employees of Electrical Department with their families went for a picnic to Jennis Farm House in Sasan Gir. With an amusement park for kids and activities like games and swimming for all, it was a day well spent for all!



GSCL employees at the picnic

INTERNATIONAL WOMEN'S DAY

An exciting pizza and cake party was organised for the ladies of the Corporate office on the occasion of International Women's day. Each lady was presented with a beautiful rose too!



DOCTOR IN THE FAMILY

Ankita Rao, daughter of AP Rao, Sr. Manager-Legal (Corporate Office) passed her Final Year MBBS Examination securing 63%. Congratulations to Ankita and her parents.

◀ Ankita Rao

NEW JOINEES

AT SCL RANAVAV :

- Divyesh D. Chhelavda, GET – Instrumentation
- Suresh M. Nakum, Trainee – Process
- Nikunj H. Ram, Trainee – Process
- Ankit P. Mandaogade, Engineer – Instrumentation
- Ayush R. Maheshwari, Officer – Accounts
- Samarth S. Mehta, Trainee – Process
- Yash V. Vara, DET – Mines
- Ravirajsinh M. Jethva, Supervisor – Process
- Dipanshu Gupta, Engineer - Mechanical

AT GSCL, SIDHEEGRAM:

- Praveen Chopra, Manager - Accounts.
- M. Furkan A. Shaikh, Deputy Manager-Legal.
- E. Kuppusamy, Deputy Manager-Geology.
- Anil Kumar Singh, Engineer - Process

AT CORPORATE OFFICE:

Arvind Gattani joined as Manager-Finance & Accounts

ALWAYS LATE? HERE'S HOW I BROKE THE BAD HABIT

(Contributed by Falguni Mehta, Head - Communications, Corporate Office)

I'm usually running late – not *hours* but a solid five to 10 minutes behind schedule. The thing is, I *hate* being late. Most chronically late people truly dislike being late, but it's a surprisingly difficult habit to overcome.

Telling a late person to be on time is a little like telling a dieter to simply stop eating so much.

It makes me more anxious than I already am, and I know it doesn't make a wonderful impression on others. So, I recently decided it was time to get my time-management skills in order.

7 WAYS TO ALWAYS BE ON TIME

1. ADMIT YOU HAVE A PROBLEM - While my closest friends know my dirty little secret, an informal poll revealed most of my colleagues didn't consider me "late"—which is awesome. What they don't know is that I feel a tightness in my chest every morning until I finally sit down at my desk. Even though my tardiness wasn't obvious to people in my life, it had become a problem for *me*. And I finally admitted it's something I need to fix.

2. FIGURE OUT YOUR "WHY" - There are several reasons why people are perpetually late to the party. They're easily distracted, misplacing car keys, getting lost, or completely forgetting appointments. Others are adrenaline junkies who love the thrill of being late—running to catch a train or rushing breathlessly into a crowded auditorium. Or maybe someone is asserting their power ("I'm such an in-demand, important person that everyone else can wait for me."). "One More Task Syndrome." *Whenever I have somewhere to be, I feel like I need to do just one last thing before I leave, which in turn causes me to fall behind schedule.*

3. JUST SAY "NO" TO NONESSENTIAL TO-DOS - To put an end to this last-minute dash, I tried to differentiate between tasks that I absolutely must do and tasks that can wait. (Hint: Most can wait.) Another major timesuck? My iPhone. I focused on becoming more aware of not checking it, despite the allure of a lit-up screen.

4. PREP FOR SUCCESS - Turns out Mom was right all along. When I was in school, she'd insist I lay out my clothes and school bag the night before.

So, I reenacted her advice: Every night, I picked out my clothes for the next day. I put my keys and wallet by the front door. And I am still discovering different ways to speed up my morning routine.

5. EXPECT THE WORST (AND PLAN ACCORDINGLY) - It sounds counterintuitive, but when it comes to being punctual, it's better *not* to be optimistic. Things are not going to run smoothly 100 percent of the time. Translation: Allow yourself plenty of extra time.

"Define exactly what it means to be 'on time'."

6. GET REAL ABOUT TIMING - I like to believe Google Maps overestimates the time it takes to get places: *17 minutes? Yeah, right—I'll walk fast. I'll get there in 10.* (This is *never* true.) I also like to believe I can get ready for work in 30 minutes, max. (False, again.)

People tend to underestimate how long a task will take them to complete, since we base our predictions on an overly optimistic view of the past. To overcome this bad habit, I had to re-learn how long certain tasks actually take. *Maybe* I can get ready for work in 30 minutes, but 40 is a lot more realistic.

7. USE WAIT TIME WISELY - Being late is a catch-22: Although I get anxious about it, I'm equally as anxious about arriving places early, left to my own (handheld) devices while awkwardly standing alone. To remedy the latter, experts suggest being prepared to wait.

"Waiting time doesn't have to be wasted time."

THE TAKEAWAY

By no means am I suddenly a productivity pro. But after one week of following these tips, I can't see myself ever going back to my old, time-pressed ways.

**SMART TIP**

To avoid tears while cutting onions, chew chewing gum! Apparently while chewing you breath air into your mouth and the onions aroma gets sucked into your mouth instead of reaching your eyes.

MOTIVATIONAL TIP

Imagination, often turns into reality. Imagine a certain situation over and again, with love and joy, and sooner or later you will attract it into your life, provided you don't let contradictory thoughts enter your mind. Start with simple situations first, to gain faith and experience with this process.

**QUOTE**

When a man retires and time is no longer a matter of urgent importance, his colleagues generally present him with a watch.
R.C. Sherriff

**PRECAUTIONS TO BEAT SUMMER HEAT****DRINKING FLUIDS**

Any type of non alcoholic and non caffeine drink will be advantageous for health during the summer. Your body will lose water in the form of sweat which needs to be replenished with water. Drink at least 8 glasses of water every day to stay hydrated during the summer. There are juices from natural fruits such as lemon, orange, apple, pineapple etc which are very helpful to replenish lost water within your body.

**SODIUM AND POTASSIUM**

During summer, two important minerals necessary in your body would be sodium as well as potassium. Sodium you can get from the salt you consume daily in your diet. Spinach is another important food which is rich in potassium. You can consume this in your meals during the summer in order to stay away from this heat of summer. Baked potatoes are also another ways of staying healthy during the summer season. If you have deficiency of potassium in your diet, just replenish with food like baked potatoes.

SKIN PROTECTION WITH SPF MOISTURIZER

The UV rays that fall over your skin will be really harmful as this can cause the problems like premature aging, sun burn and even skin cancer. It will be better to apply a moisturizer that is associated with the SPF or sun protection factor.

HAIR CARE DURING SUMMER

Summer brings good amount of fuzziness over your hair which needs to be maintained with good care. It also causes pollution due to which dirt gets accumulated over your hair and scalp. Apply hair sprays with SPF protection over your hair before you get out from home during the summer days.

**WINNERS OF THE LAST QUARTER'S CONTEST**

The 'Witty Slogan contest with a Cute or Wacky Photograph' is won by Manoj Wadhvani, Executive Secretary to MD. Your gift will soon be with you.

© Randy Glasbergen
www.glasbergen.com



"You will be reincarnated six times.
That's how long it will take to pay off your student loans."

PHOTOGRAPHY CONTEST

How are you planning to beat the summer heat and make the most of the weather? Show us your creativity in this quarter's contest by capturing the beautiful photographs of the summer heat and send it to us on neetam@mehtagroup.com

